



First United Methodist Church

Sun. 3/3/24 - 3rd Sunday In Lent

Communion
Scripture: John 2:13-22
Sermon: Rise Up

Sun. 3/10/24 - 4th Sunday In Lent

Scripture: John 3:14-21
Sermon: Light Up

Sun. 3/17/24 - 5th Sunday In Lent

Scripture: John 12:20-23
Sermon: Lift Up

Sun. 3/24/24 - 6th Sunday In Lent

Palm Sunday
Scripture: John 12:12-16
Sermon: Set Up

Sun. 3/31/24

Easter Sunday
Scripture: Acts 10:34-43

Church Staff

Rev. Dr. Mona Joslyn,
Pastor

Karin VanderMolen,
Admin. Asst. &
Bookkeeper

Jon Carroll,
Building Supervisor

James Mullins,
Music & Audio/Visual
Coordinator

Mary Jo Pouillon,
Noah's Ark Director

Leadership Team

Diane Allen
Karolyn Dawley
Fred Delcamp
James Downing,
Chair

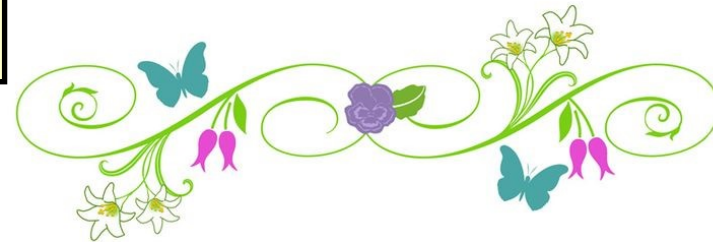
Sherry Elwell
Cindy Helmker
Jerry Hitchingham

Larry Johnson
Emma Johnson

Rev. Mona Joslyn
Karin VanderMolen

The MISSION of
Owosso First United
Methodist Church is to live
out our faith in Jesus Christ
through acts of love with
honesty, integrity, and
respect.

The VISION of
Owosso First United
Methodist Church is to be
Christ-centered, a welcome
and loving environment,
service-oriented, and re-
spectful of ALL creation



Tower Tidings - March 2024
First United Methodist Church
1500 North Water Street
Owosso, MI 48867
Office Hours M-F @ 8-4
Sunday Worship 10 am

Return
Service
Requested

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Owosso, MI
48867
Permit # 18



Tower Tidings

First United
Methodist Church

MAR 2024

Greetings!

What's Up? It is March, can Spring be far away? Having lived in Michigan all my life, I know that March is unpredictable and winter can come back with a gusto! I am appreciating the warmer temperatures and looking forward to Spring flowers popping out of the soil in all their glory!

I know it is early in Lent, but how is your Lent going so far? As I have been working through the daily journal, there were some things that jumped at me out of nowhere. Things that had been dreams that I had, that I had not forgotten but pushed back and wasn't doing anything to work towards them. In the first couple of weeks the journaling (I do not like to journal...may need to rethink that), has helped me to focus on a few things that were important to me in the past, and I need to revitalize those dreams. How about you?

The dreams we dream for our lives. I don't know if you remember the animated movie "Up". I bought the book to use in the Chapel time with Noah's Ark. The story is about Carl an elderly man whose wife has died and he's missing her very much. Since they were young, Carl and his wife had a dream to visit Paradise Falls in South America, and they were never able to get there. Now he wanted to fulfill that dream, so he got hundreds of balloons and tied them to his house and the house went up. Carl was on his way to making his dream come true...then a knock on the door and there was Russell, hanging on to the porch for dear life, not part of Carl's dream. Then the house crashes with the Falls in view and they have to walk the rest of the way where they encountered a large bird they named Kevin...only Kevin was a mom who was trying to get back to her babies. They came up against a bad guy who wanted to capture Kevin and had to rescue the bird. Not exactly how Carl had imagined and planned his dream.

The truth is that as we pursue our dreams, there will be bumps in the road, things will get in the way, disappointments will come our way, unexpected events will happen...life happens. All of those things tend to have us thinking that we dreamed too big and maybe we're not supposed to be pursuing that dream. That's not what God wants. God wants us to dream big dreams. After all God had big dreams for us, that's why he sent Jesus. ***"In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from the heavens, 'You are my Son, the Beloved; with you I am well pleased'"*** (Matthew 1:9-11). And with that--God's plan, God's dream for humanity was moving forward.

God wants us to dream and knows that there will be challenges that we have to overcome in order to achieve our dreams. But when we are faced with those challenges, don't give up on your dreams! Instead we need to rise above whatever seeks to keep us from our dreams, from living the life God created us to live. ***"Be who God created you to be, and you will set the world on fire"*** (St. Catherine of Sienna).

The prophet Joel writes, ***"I will pour out my spirit on all flesh; your sons and your daughters shall prophesy, your old men shall dream dreams, and your young men shall see visions"*** (Joel 2:28). Just maybe our dreams are God pouring out the Spirit on us!

The world needs what we have to offer! The world needs our dreams. The world needs our passion and our compassion. The world needs us! The world needs our dreams! So go ahead--get up and follow your dreams, and wherever your dreams lead you, the Spirit will always lead you to be up to something good for the good of God's world.

Shalom,
Pastor Mona



Rev. Dr. Mona K. Joslyn
drmjoslyn@owossofumc.org

First United
Methodist Church
1500 N. Water Street
Owosso, MI 48867
firstumc@owossofumc.org
owossofumc.org

Sundays

9:30 am Café Open

10 am Worship

Office Hours

Mon-Fri
8 am -4 pm

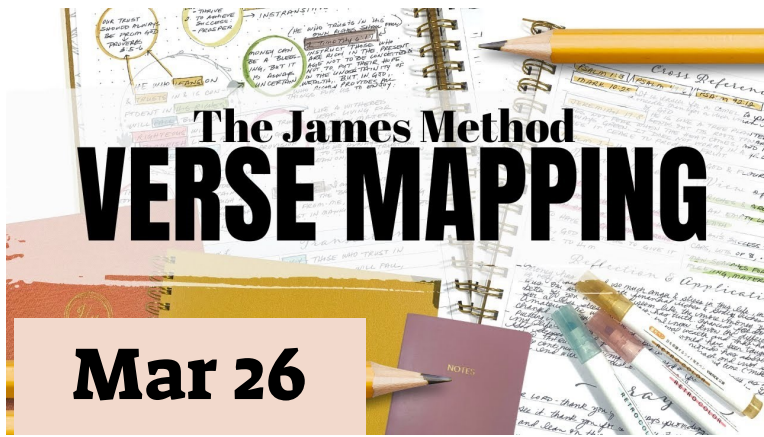
March 31

Easter Sunday

9 am Continental
Breakfast in Café

10 am Worship

Newsletter articles are
due the 15th of each
month.



Everyone is welcome to meet in the Café on Tues., March 26 at 6:30 pm for Bible Study. Anyone 16 & older is welcome (no childcare provided at this time).

Bring: Bible (print or digital), pens, markers, highlighters, snack/drink, friends & family. Additional items if you have them: phone/tablet, washi tape, pencils, stickers.

Mapping sheets provided. Limited pens/markers will be available to borrow. Artistic talent is NOT required. EVERYONE WELCOME!

Matthew 5:13
"You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot."



Noah's Ark Children's Center & Preschool



Self-help is defined as the action or process of improving oneself or conquering one's difficulties without the assistance of others. Self-help skills allow youngsters to fulfill their own needs while also engaging in activities and behavior that eventually lead to independence.

Self-help skills are one of the earliest ways that children learn to plan and sequence task performance, arrange resources, and develop the sophisticated bodily control required to carry out everyday activities. It is important that children acquire these skills because being independent in self-care will boost their self-esteem and eventually increase their capacity to face difficult situations with confidence.

The term "self-help" usually refers to the following areas of independent behavior:

- **Self-feeding and drinking**
Skills may include holding and using utensils properly, drinking without spilling, eating a variety of food, table manners and other mealtime routines. Children need plenty of time to practice. Let them be as independent as possible during mealtimes. Encourage them to try for themselves but provide help and encouragement when needed, so they do not get frustrated.
- **Independent dressing and grooming**
This area includes skills such as brushing hair and dressing (e.g., selecting clothing, putting clothes on and off and managing fasteners). Begin by encouraging them to help pull socks on and off, pull up pants after diapering and help put their arms through sleeves.
- **Personal hygiene and toileting**
Skills include those such as bathing, brushing teeth, washing hair, managing clothing, cleaning oneself, as well as overall bowel and bladder management. Look for signs of readiness for toileting. Be ready to provide support & help if they need it.
- **Helping with daily chores like table setting and picking up toys**
Encourage children to begin clearing their own plates. Request children to be your "helper" during routine chores and let them perform simple tasks. There are various benefits of developing self-help skills. Listed below are the different abilities that they will master.
 1. The use of expressive and receptive language to convey wants and needs through voice, sign, or alternative modes of communication. This helps a child to follow and comprehend directions that necessitate understanding what task is involved, the resources required, and then carrying out the task. It would also improve one's ability to follow and adhere to basic regimens.
 2. Integration of social skills through the capacity to communicate with others (verbally or nonverbally), negotiate with others, and identify and obey social standards.
 3. The significance of fine motor abilities, which include hand and finger strength. Many common tasks, such as opening lunch boxes, tying shoelaces, putting up buttons, and using utensils and equipment for functional task performance, need these skills.
 4. The requirement for gross motor abilities includes whole-body physical skills using the 'core' strong muscles of the trunk, arms, and legs, such as standing to dress and getting on and off the toilet.
 5. Cognitive abilities entail the ability to think to acquire new tasks and remember information for the next time the task is performed.

Early Childhood Fun Fact: Newborns have 300 bones compared to 207 for an adult. This is because some of the bones have to fuse together and the baby has to be flexible to get out of the womb. **Staff Birthdays:** March 2, Ms. Molly

Wish List: Rolls of Paper Towel, Scrapbook paper (pref 8.5x11, but will take 12x12), Bulk chocolate (for staff), Our classroom and center Amazon wish lists can be found on our website: www.naccpreschool.com/lists

Mary Jo Pouillon, Director, Noah's Ark Children's Center
989-725-2202 Work - 989-666-1352 Cell - 989-729-1721 Fax
www.naccpreschool.com

"Imagination is more important than knowledge." ~Albert Einstein



Men's Breakfast Sat., March 2 @ 8:30 am
in the church Café.
All men are welcome.
Please RSVP to the church office.
The cost is \$6. Thank you!



MEN'S GROUP



Collecting new and gently used coats for Owosso schools.
Other winter gear appreciated too: hats, gloves, snowpants in all children's sizes. There is a red box in the foyer for your donations.
Thank you!



Prayer Requests



- Pray for peace Israel / Palestine
- Pray for peace in Ukraine
- Ed Payne, health issues
- Bernadine Resner, broken femur
- Sherry Woodworth passed away (Dorothy Woodworth's daughter-in-law)
- Rosie Tkaczyk, stomach issues, no cancer (friend of Kathy Watson)
- Linda Wightman, heart problems (neighbor of Darlene Ustynek)
- David Grant, critical, car accident
- Jody Tyler, chemo (friend of Cindy Thompson)
- Bob Marsh, cancer
- Bill & Judy Norman, health issues
- Kay Champion, undergoing procedures for balance
- Delores Simpson, femur surgery
- Greg Huckins major heart surgery
- Robin Chandler cancer treatments (sister of Cindy Helmker)
- Michael Wozniak (friend of Alpert's)
- Rhonda Mullins, health issues
- Janet Sutton, inoperable cancer, no treatments
- Bob Davis, cancer free !!!
- Blake King, bad motorcycle accident (great nephew of Diane Allen)
- John Downing, poor circulation, health concerns (brother of Jim D.)
- Ken Smith, stage 4 kidney failure (friend of Frank & Diana Thaler)
- Dorothy Woodworth, mass on brain
- John Mullins, medical issues
- Scott Hancock, home, multiple serious health issues (nephew of Wilt's)
- Todd Cohoon, end stage ALS, (son of Bonnie Cohoon)
- Ken & Pat Beebe, Ken new diagnosis pending for stroke-like symptoms (friends of Wilts)
- Cody Wheeler, rec. critical car accident (Bob & Sharon Marsh's nephew)

Military

- T Sgt Tyler Ardelean, Idaho
- Todd Hofacker, California
- Kory Alliton, Marine, Camp LaJune, NC
- Yuka Peters, Ft. Bliss, TX
- SPC Brady Watts, Ft. Campbell, KY
- Cody Rozell, home fm Syria w/ new baby
- Kamerin DeWulf, Air Force
- Corp. Jonathan Heath, Ft. Wainwright, AK
- SGT Joseph Heath, Wahiawa, HI
- John Schlaud, Marines, 5th
- Ryan Weaver, Army Reserve
- MSG Jason Cassing

Homebound

- Elaine Shepard, Oliver Woods, 1330 W. Oliver St., 3-12, Owosso, 989-723-3074
- Gail Rheume, The Meadows, 245 Caledonia Dr., Owosso (989-720-8823)
- **Helen Stanton, cancer, HOSPICE, Owl's Nest, 3837 S. M52, Owosso (989-723-6378)**
- Judy Helmker, 1694 N M52 #221, Owosso (989-723-1044)
- Genny Jennings, The Meadows, 245 Caledonia Dr. #110, Owosso (989-277-3695)
- Billie Sisson, c/o Peggy Johnson, 37054 Millstone Tr. Lenox Twp, MI 48048
- Gaile Passmore, Memorial Healthcare, LTC 826 W. King St. 5th Floor, #578-1 Owosso
- Ann Ferden, The Woodlands, 910 Woodlands Dr. DeWitt, MI 48820 (517-668-6559)
- Terry Gulick, 6410 Simpson Rd., Ovid, MI 48866

Brian Drake	1	Sharon Marsh	23
Karolyn Dawley	3	Bruce Freeman	26
Paula Jager	9	Ree Wyzynajty's	27
Steve Schmidt	14	Roger Elford	28
Bob Vogl	15	Ian Weber	30
Sharon Downing	23		



HAPPY BIRTHDAY



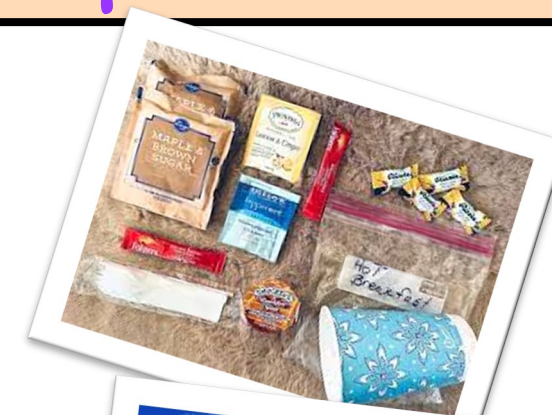
What R U Up 2 ?

Our next Lenten celebration activity will be **Sunday, March 17 after worship in the Café.**

We will collect items for the breakfast bags and assemble them. These are donated to the Salvation Army to be distributed to homeless in our area.

Items needed are: **8 oz waters, plastic spoons, napkins, instant oatmeal packets, juice boxes/bags, fruit cups, protein/breakfast bars, peanut butter/cheese cracker packets, 1 gallon Ziploc bags.**

Everyone is welcome to donate items and/or assemble bags. Thank you!



Yarnspirations

YARNSPIRATIONS ~

Sunday, March 10 @ 3pm

An informal service, prayer, & fellowship group with a shared interest in creating knit, crochet, loom weaving, or any other yarn/string items. Open to everyone regardless of skill level. Bring your own crafting supplies and drink/snack. Invite your friends! Childcare will not be provided at this time. We will plan to meet in the foyer in the comfy chairs. If needed, we can move to the café. Our vision is that we will begin to create items to be donated to the community. This is an option now, but you can keep your craft if you'd like, too!





Owosso FUMC Mission Report for 2023

Thank you! Your caring hearts and generous gifts have allowed us to do a lot of good for a lot of people in 2023.

Our actions in 2023 included:

- ◆ We collected personal care items for the food pantry at Trinity UMC.
- ◆ 1 Mobile Food Pantry was held at FUMC.
- ◆ Food collection all year, with a special emphasis for Thanksgiving & Christmas, that was delivered to the Salvation Army along with monetary donations.
- ◆ Coats were collected as well as hats & mittens that were also delivered to the Salvation Army.
- ◆ Breakfast bags were prepared to give to the Salvation Army for distribution.

Our monetary donations included:

- ⇒ Local missions:
 - Homeless Angels Owosso Campus: \$278
 - Salvation Army: \$460
 - Trinity Food Bank: \$780
 - Angels Hands: \$50
 - Owosso Hospice House: \$400
 - Coins for Caring: \$573 (This money is used by office staff to help people who call the church for help with gas, rent, utilities, etc.)
- ⇒ Michigan missions:
 - God's Country Cooperative in the UP: \$150
 - Readers to Leaders: \$142
 - Looking Glass Community Outreach: \$300
 - NOAH Project in Detroit: \$300

- ⇒ U.S. missions:
 - Red Bird Clinic in Kentucky: \$60
 - Henderson Settlement-Appalachia: \$150
- ⇒ International missions:
 - Mujilla Falls Agricultural Center in Zambia: \$595
 - Bishop Craig Children's Village in Liberia: \$175
 - Haitian Artisans for Peace International: \$175
 - Readers to Leaders Liberia: \$142
 - Africa University Scholarships: \$150
 - Africa University Basic Needs: \$150
- ⇒ Missionaries:
 - Temba Nkomozepe serving at Mujilla Falls Agricultural Center: \$750
 - Randy Hildebrant serving at God's Country Parish in the UP: \$750
- ⇒ UMCOR (United Methodist Committee on Relief):
 - UMCOR Sunday: \$521



Thank you to all quilters and donors who helped with the Mid-Michigan Honor Flight quilt project. Here are some of the 15 quilts that will be given to Veterans traveling to Washington D.C.

Women's Circle

RUMMAGE SALE will be the April 16-20 with **NEW** sale days of Friday and Saturday (instead of Thursday & Friday). Friday 4/19 sale hours 9am-5pm, Saturday 4/20 hours 9am - noon.

You may bring your donated items on Tuesday, April 16 and Wednesday, April 17. Please do not bring items after noon on Thursday, April 18, as we'll need time to sort and place them for sale.

Volunteers are needed Tuesday-Saturday. Please contact Janet Drake 989-277-9034 or Sherry Elwell 989-723-6432 for further information.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 9:30 am Café Open 10 am - Worship in Sanctuary	4 10-12 Pickleball 11:45 TOPS	5 12:00 pm - Singles Over 60 McAllister's Deli 2 pm Cooking Meal for needy/Kitchen	6 8 am - Coffee/Chat 7-8 pm Pickleball 7pm Lenten Service at City Church, 521 E. Williams	7 10-12 Pickleball	8	2 8:30 am Men's Breakfast 9
10 9:30 am Café Open 10 am - Worship in Sanctuary 3:00 pm Yarnspirations	11 10-12 Pickleball 11:45 TOPS 6:30 pm Stephen Ministry / Zoom	12	13 8 am - Coffee/Chat 10 - Noah's Ark Chapel Time 7pm Lenten Service HERE at FUMC	14 8:30-10:30 am Food Bank for Seniors 11 am Older Adult Ministry Team 10-12 Pickleball	15	16
17 9:30 am Café Open 10 am - Worship in Sanctuary Lent Activity: Donate items and assemble breakfast bags after church	18 10-12 Pickleball 11:45 TOPS 1:00 pm JOYful Beginnings 6:30 pm Noah's Ark Board	19	20 8 am - Coffee/Chat 7pm Lenten Service at Christ Episcopal Church, 120 Goodhue St.	21 10-12 Pickleball 6:30 Worship Team Meeting	22	23
24 Palm Sunday 9:30 am Café Open 10 am - Worship in Sanctuary	25 10-12 Pickleball 11:45 TOPS 6:30 pm Stephen Ministry / Zoom 6:00 pm Leadership Board	26 6:30 pm The James Method Bible Study - Café	27 10 am - Noah's Ark Chapel Time	28 Maundy Thurs. Noah's Ark Closed	29 12:15 pm Good Friday Service at First Congregational Church, 327 N. Washington Noah's Ark Closed	30
31 EASTER Sunday 9:00 am Continental Easter Breakfast - Café 10 am - Worship in Sanctuary						